



WATERLIET HOUSING AUTHORITY

EXECUTIVE DIRECTOR, MATTHEW ETHIER

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2400 2ND AVENUE, WATERLIET, NY
WWW.WATERLIETHOUSING.ORG



**AUGUST
2019**

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CHECK OUT OUR FACEBOOK PAGE

INSPECTIONS

Apartments are inspected for cleanliness, repairs that may be needed, and for any possible improvements. If you have any questions or problems, they can be discussed during the inspection. We need access to **ALL** of your windows. Please make sure **ALL** items are removed from the window areas. Please remove all items off the top of your stove and on the burners as well. Call in any work orders before the inspection at 273-4717. Poor housekeeping, missing fire detectors, and any damage beyond ordinary wear and tear are grounds for a failed inspection.

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EMAIL LIST

If you don't already receive our emails but would like to, please email Rmeyer@watervliethousing.org with your name and apartment number to be added to our list. We will be able to send you important information about work being done around the sites, community events, and any policy changes being made at the Watervliet Housing Authority. You can also call the office at 273-4717 to update your email address with a staff member.



www.WatervlietHousing.org

**Emergency Number:
273-6085 (after hours)**

JOSLIN INSPECTIONS

Edwin Joslin apartment inspections are to be held from August 13th through August 15th. Be sure that you are prepared so that inspections can move smoothly. If you have any questions or problems, they will be addressed at the time of your inspection. You do not need to be home at the time of inspection. We need access to ALL of your windows. Please make sure all items are removed from the windows. Please remove all items off the top of your stove and on the burners. Call in any work orders prior to your inspection at 273-4717. Poor housekeeping, missing fire detectors, and any damage beyond ordinary wear and tear are grounds for a failed inspection. The schedule is as follows:

AUGUST 13 Apartments 501-508

AUGUST 14 Apartments 509-540

AUGUST 15 Apartments 541-558

LOCK OUT POLICY

There is a lock-out policy at the WHA. The maintenance men have a master list of tenants who are living in the Watervliet Housing Authority. The people listed are on the leases at WHA. No one will be let into an apartment unless they are on that list. This list and policy will eliminate any problems with letting unauthorized persons into an apartment. The charge for a lock-out is \$24.

REMINDER

Don't forget to put your name and apartment number on your check or money order before you hand in your rent payment each month. Be sure you sign it as well! If you mail in your rent payment or drop it through the mail slot, we are now required to mail you your receipt.



CHECK OUT OUR FACEBOOK PAGE

LITTLE FREE LIBRARY

There is now a Little Free Library bin outside of the WHA administrative office. This library belongs to everyone and the books are always free! The mission is to inspire a love for reading, build community, and spark creativity by fostering neighborhood book exchanges around the world. When you're finished with a book, you may pass it along to a friend or return it to the bin. Your books are also welcome at any Little Free Library.



ATTENTION ALL TENANTS

You **MUST** report all income changes! Failure to provide timely and accurate information regarding new jobs, pay rate increases/decreases, and increased hours may result in charges owed to the WHA and possible eviction.

SWIMMING POOLS

Only small infant swimming pools are permitted on WHA premises!! They are to be emptied after use and leaned up against the building to avoid the possibility of an infant falling into the pool. Pools can't be any higher than 18". If any one of these violations are found, the pool will be removed.

GET INVOLVED

The Watervliet Housing Authority is involved with many community organizations and programs that promote the success of the residents of Watervliet. Our programs, such as the Laptops for Graduating Seniors Program and Annual Santa Visits, rely on community support to continue successful operation. We appreciate any help the community has to offer! To get involved in these programs and receive updates about upcoming events, please email rmeyer@watervliethousing.org with your contact information.

UPDATE YOUR INFORMATION

It is important that our office staff has all of your updated contact information. This includes working phone numbers, email address, and current car information. Call the office and update your information today to ensure we can contact you efficiently.

BIKE SHEDS

There have been a number of bikes reported stolen in the Joslin site. To prevent this, the bike sheds are available for use. There are bike racks inside of the shed for you to store your bikes. You can pick up a bike shed key at the office today. Your first key is free and \$6 for any additional keys. If you do choose to take advantage of the bike sheds, be sure it is locked before and after use.

NEW LATE FEE POLICY

By now you should have received a letter informing you of New York State's new law regarding late rent charges. Our revised policy states that if you do not pay your rent after the 5th business day of each month, the fee will be 5% of your monthly rent payment *but will not exceed \$50*. Remember that the last day to pay rent each month is the fifth business day. It is marked in your calendar, newsletters, on our website, and on our Facebook page. If by the fifth working day you have not paid your rent in full, you will receive a notice in the mail that you will have to sign for. If you have any questions, you can call the WHA Office at (518) 273-4717.

SUMMER LUNCH PROGRAM

The Watervliet City School District will provide meals **FREE** of charge to children 18 years old and under this summer until Friday, August 16. The free summer meals program is available at the Joslin Community Room from 11:00 AM to 1:00 PM Monday-Friday. Visit the school district website for more locations. Breakfast is only available at Watervliet Elementary School and Watervliet Jr.-Sr. High School from 8:00 AM to 9:30 AM. For more information, call Darryl Whit-ed at 518-629-3261.

BACK TO SCHOOL LUNCH PACK EVENT

We will be giving out **FREE** lunch boxes full of healthy snacks on Friday, August 30th from 2PM to 4PM in the Charles A. Jeseo Community Room. Only children living in Watervliet Housing 18 and younger are eligible. To sign up today, call 518-273-4717, email office@Watervliethousing.org, or stop into the office. You must register with the office before August 20th in order to receive a lunch box.



The Watervliet City School District

has partnered with



To bring “Stan the Produce Van” to our
summer food sites July 8 – August 16!

FREE fresh fruits and vegetables are available to all!

LOCATIONS:

Mondays

The Watervliet Housing Authority: 11 a.m. – 1 p.m. *(parking lot of Joslin Apartments)*

Wednesdays

The Watervliet Elementary School: 12:30 – 1:30 p.m. *(parking lot near softball field)*

Fridays

Paine St. Park, Green Island: 11 a.m. – 1 p.m.

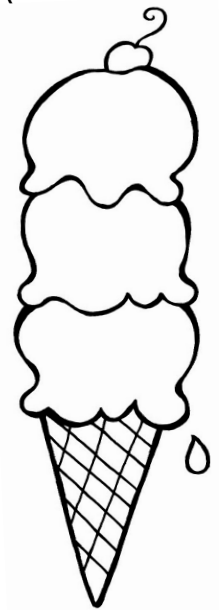
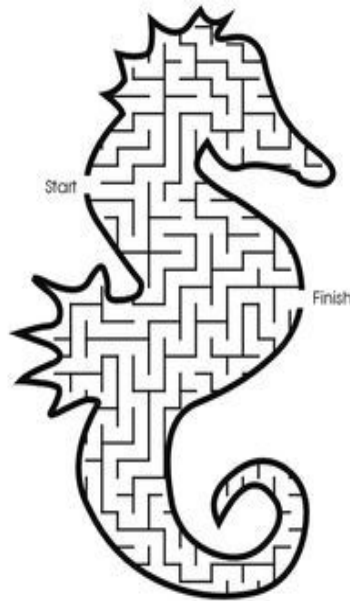
Anyone can stop by the truck.



WORD SEARCH

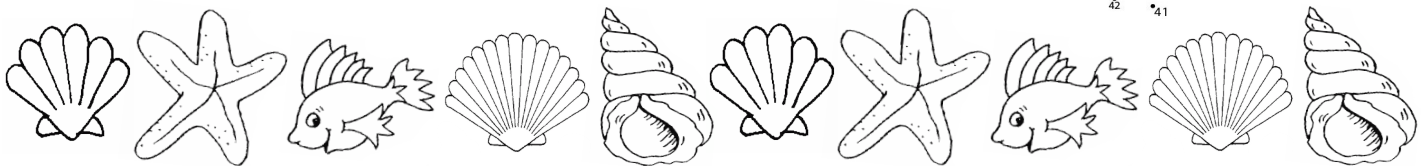
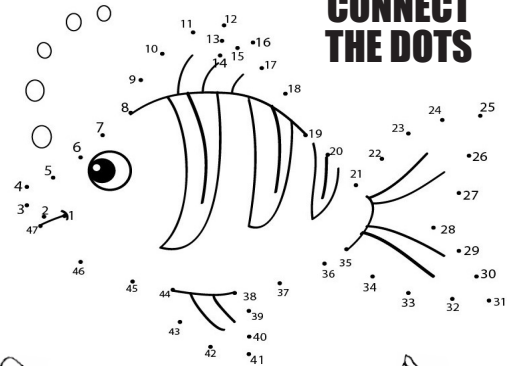
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SEAHORSE MAZE



- | | | | |
|---------------|------------|----------|------------|
| CHEESEBURGERS | BASEBALL | SWIMMING | DRAMA FREE |
| VACATION | POOL | AUGUST | BOATING |
| NO SCHOOL | SHOPPING | HOT DOGS | CAMP |
| SLEEP IN | MANOFSTEEL | JUNE | MOVIES |
| JULY | ICE CREAM | LEMONADE | BEACH |

CONNECT THE DOTS





POOL PASSES

Please note that there was an error in last month's newsletter regarding pool passes. They are NOT free this year. ID cards are \$5 for adults and \$3 for children. Senior Citizens are free. ID cards expire at the end of the summer season. You can get an ID card at the dome (corner of 2nd avenue and 13th street) Monday through Friday from 12 noon to 5 PM. We apologize for the confusion and any inconveniences that this has placed on anyone.

WATERVLIT PUBLIC POOL

The City of Watervliet has a public pool located at 1530 2nd Avenue. The pool is now open as of July 1st. Swimming lessons are offered free of charge to all children who reside within the city. They are offered in the morning. Dates and times are determined each summer. Passes can be purchased at the Dome (1300 2nd Avenue). For more information, contact the City of Watervliet at (518) 270-3800.

GENERAL PUBLIC

Mon-Fri 12 noon – 6 PM

Sat 12 noon – 4 PM

LAP SWIMMING

Mon-Fri 11AM - 12 noon

SWIMMING LESSONS

Tues & Thur 9:30 AM -10:00 AM

or 10:30 AM -11:00

***registration is required**

LAWN FURNITURE

Lawn furniture (picnic tables, etc.), children's playhouses, sandboxes, and all tents must be moved when maintenance mows/weedwacks the lawn. If maintenance has to move these objects in order to mow, you will be charged.

CITY COUNCIL MEETINGS

Meetings are held at the Watervliet Senior Citizen Center, 1501 Broadway, Watervliet, at 7 PM.

August 8th & August 22nd

COMMUNITY EVENTS

ROCKIN ON THE RIVER

Wednesday, Aug 7

5:00 – 8:30 PM

Riverfront Park, River St in Troy

Kiss The Sky Tribute- A Tribute to Jimi Hendrix

MARY'S SOUP KITCHEN

The Immaculate Heart of Mary Parish has a soup kitchen every Monday afternoon from 3:00 PM to 5:30 PM at the Parish Life Center, located at 2416 7th Avenue. All are welcome. Call 518-273-6020 for more information.

FIRST DAY OF SCHOOL

WES & WHS will re-open for another school year on September 4th.

FIRE LANES AT HANRATTA

No vehicle should be parked in front of the Eugene Hanratta building at anytime. The yellow curbed area is designated for emergency vehicles only. Please use the lot and surrounding areas for parking instead.

SENIOR CITIZEN GROUP LUNCHES

Enjoy a nutritious and fun lunch with the Watervliet Senior Center every weekday at noon. The \$3 suggested donation is anonymous and everyone is welcome. Call for the daily menu and sign up by 2 p.m. for the following day. The Senior Center is located at 1501 Broadway, Watervliet. Call 518-273-6480 to make a reservation and for more information.

WHITNEY YOUNG SCHOOL-BASED PROGRAM

The goal of Whitney Young Health's School-Based Health Center (SBHC) program is to promote overall health of children so that they are able to fully benefit from their education. School-based health centers provide primary and preventative medical services to students enrolled in the program.

Why Enroll My Child in a School-Based Health Center?

They save parents/guardians time as students can be seen on-site without you having to take time off. They can provide necessary care on-site when the student is sick and write prescriptions and referrals. They work with the school nurse to keep students healthy. They decrease time spent outside of the classroom due to health-related issues. They work in collaboration with your child's primary care provider if they already have one.

Currently, Whitney Young Health is offering school-based health center services with the Watervliet City School District for elementary, junior and high school students. The SBHC is located at Watervliet Junior/Senior High School. Enrollment forms are available at the Watervliet Elementary and Jr/Sr High School and at the Watervliet Housing Authority. You can also download the application at <https://www.wmyhealth.org/services/sbhc>.

If you have any questions about eligibility or the services provided, please contact your school-based health center at 518-629-3200. If you are interested in enrolling your child into a school-based health center, please complete and return the enrollment packet to your respective school.

PRE-K REGISTRATION

Because of low registration, the Watervliet City School District is still offering pre-k registration with an appointment. Call the School District at 629-3200 to request an appointment. There are applications available at the Elementary School and at our office.

BRIDGES OUT OF POVERTY

The next round of classes for the Bridges Out of Poverty, a free 12-week program that aides women in getting out of poverty, will resume in September. If you are interested in joining, contact Mary at 518-273-4717 ext. 203.

MARY'S CORNER

Mary's Corner is serving adults caring for children under the age of 4, living in the City of Cohoes or Watervliet. Stop by on Tuesdays or Thursdays from 10:00 AM-12:00 PM. Mary's Corner will be offering the following items free of charge: formula, Diapers, Baby Clothing, baby furnishings, breast feeding items, literacy classes/GED tutoring, and other outreach services. Registration and proof of residency is required. For more information, contact Mary Clinton at the office. **Open Door Community Center, 115 Mohawk Street in Cohoes (Located under the Library) 518-269-6068**

2019 SUMMER CONCERTS IN THE PARK

The City of Watervliet will host free concerts Tuesday evenings from 6PM-8PM starting July 2nd through August 27th at Hudson Shores Park! The concert series will feature bands varying from country to swing to the golden oldies! (Alternate rain location is the Dome)



CHECK OUT OUR FACEBOOK PAGE

IN THE COMMUNITY

7



TIPS FOR PACKING A HEALTHY SCHOOL LUNCH

TIP #1 GET YOUR KIDS INVOLVED Give your kids healthy food options from each food group and let them make the final decisions on what goes in their lunch. Take your child grocery shopping with you and let them have a say (to a certain extent) in what goes into the cart. This promotes feelings of responsibility and empowerment. Designate a part of your kitchen as the “lunch packing station” and spend some time there with your kids the night before to get lunch ready for the next day.

TIP #2 MAKE HEALTHY FOOD FUN Use cookie cutters to make shapes out of bread, deli meat, cheese, or a melon-baller for fruit. Use kid-friendly skewers to make colorful food kebabs. Create a theme for the day and have all of the foods in their lunch relate to the theme.

TIP #3 MAKE YOUR OWN SNACKS AND LIMIT PROCESSED ONES Kids rely on snacks to keep their energy up, but the type of snack is important to consider. Packaged snacks tend to lack important nutrients and can be high in sugar, sodium and saturated fats. Take control of what is in your kids’ snacks by making them yourself! Here are some great examples: No Bake Energy Bites, Ants on a Log, Fruit Leathers, or Yogurt Covered Raisins.

TIP #4 INCORPORATE ALL FOOD GROUPS A balanced diet includes all of the food groups. Use MyPlate as a visual to help you structure what should go into your child’s lunch. Luckily, there are so many different ways to enjoy each food group:
Fruits: fresh, frozen, dried, canned, baked, or pureed.
Vegetables: fresh, frozen, or baked
Lean Protein: baked chicken, deli meat, eggs, beans or nuts
Low-Fat Dairy: milk, cheese or yogurt
Whole Grains: pita, sandwich bread, tortillas, wraps, and pastas

TIP #5 ENCOURAGE HYDRATION Kids rely on snacks to keep their energy up, but the type of snack is important to consider. Packaged snacks tend to lack important nutrients and can be high in sugar, sodium and saturated fats. Take control of what is in your kids’ snacks by making them yourself! Here are some great examples: No Bake Energy Bites, Ants on a Log, Fruit Leathers, or Yogurt Covered Raisins.

Information from www.cooksmarts.com

CONTACT US

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TENANT RELATIONS CLERK
MCLINTON@WATERVLIETHOUSING.ORG

EMERGENCY
NUMBER
273-6085

THIS NUMBER IS USED FOR
EMERGENCIES OCCURRING AFTER HOURS

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